

# Adas Yeshuron Synagogue



*Most Shabbat services, classes, and other synagogue activities are being held on Zoom to stop the spread of the coronavirus. For any in-person events, face masks are required.*

## Zoom Link for All Synagogue Programs

To access all online synagogue programs, copy and paste this link into your browser:

<https://us02web.zoom.us/j/85962789484>

or click on the blue box below.

**CLICK HERE TO JOIN US ON ZOOM**

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## k2Together: Interfaith Knitting Group

**Wednesday, January 13, 1 p.m.**

Back by popular request! Get to know knitters from faith communities around midcoast Maine. Bring a cup of tea and your favorite yarn or craft, and meet new friends! FMI email Rabbi Solochek, [rabbi@adasyeshuron.org](mailto:rabbi@adasyeshuron.org).

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## Thursday Morning Check-In

## **Thursdays at 8:30 a.m.**

Connect with community and feed your soul as Rabbi Solochek leads brief morning reflections and prayers, followed by conversation. This is also an opportunity to say kaddish if you are observing a yahrzeit.  
Pour yourself a cup of coffee and meet us online!

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## **Covid-19 Information Session**

**Thursday, January 14, 7 p.m.**

Dr. Minda Gold and Dr. Clifford Dacso will update us on the current scientific understanding of the coronavirus and how to stay safe and healthy.

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## **Shabbat Services**

**Friday, January 15, 7 p.m.**

**and**

**Saturday, January 16, 10 a.m.**

Join us Friday for candlelighting, services, and kiddush as we welcome Shabbat together, and on Saturday for Shabbat services and Torah study.

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## **Books & Bagels**

**Sunday, January 17, 10 a.m.**

We'll discuss *The Invisible Bridge* by Julie Orringer. For further information and a Zoom invitation, contact Judy Stein, [judykstein@gmail.com](mailto:judykstein@gmail.com).

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## **Statewide Havdalah**

**Saturday, January 16, 6 p.m.**

Join the Maine Jewish community for a spirited, musical statewide Havdalah service led by Rabbi Sruli Dresdner and Rebbetzin Lisa Mayer of Temple Shalom, Auburn and Rabbi Carolyn Braun of Temple Beth El, Portland.

Register by clicking the link below to receive the Zoom details.

**HAVDALAH TOGETHER REGISTRATION**

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## **AIO Fundraiser: Help Feed our Neighbors**

**Donate by Monday, January 18**

Join Adas Yoshurons Social Justice group in supporting the Area Interfaith Outreaches Fill the Strand food and funds drive. Let's help fill every seat in Rockland's historic Strand Theatre with bags of food and funds for AIOs programs. A \$25 donation will sponsor a bag of food and fill one seat in the theater.

To make a donation to sponsor a bag go to [\*\*FILL THE STRAND\*\*](#).

Donations of non-perishable food are welcome. For a list of suggestions and collection sites check out [\*\*HASHOFAR\*\*](#). Food can also be dropped off at Adas Yoshuron's side door this Friday, or on Monday, Jan. 18 at the Strand, 9 a.m.-2 p.m.

For more information about how you can support Adas Yoshurons participation, contact Susan Wind, 207-542-2283 or Shelley Kushner, 207-596-0667.

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## **How Can We Help?**

*Need help with errands? A phone call to say hello?  
Would you like to check in with Rabbi Solochek?  
Could you use some technical support with Zoom?*

Reach out to us! The synagogue office is closed, but we are responding to emails and messages. We'd love to hear from you!

*Please contact the office:*

[info@adasyoshuron.org](mailto:info@adasyoshuron.org)

207-594-4523



We hope you like receiving our emails.  
However, you can always [unsubscribe from this list](#).

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